

From: finkfly33@aol.com
To: finkfly33@aol.com;
kristilas@hotmail.com; coach.b@verizon.net; franhofer@aol.com; hunterfox@att.net; limm999@yahoo.com;
dantkelly@yahoo.com
Re: YMCA states 2019 e mail number 11
Monday, March 11, 2019 11:56:16 PM
[WARM UP ASSIGNMENTS Y States March 2019.xls](#)

Cc:

Subject:

Date:

Attachments:

Good evening,

Getting down to the wire. Attached are the warm up assignments. If you can't find your team let me know. Don't open on your phone because lane 9 and 10 might not come out. The diving well will not have assigned lanes. It will be open for general warm up if your lanes are too crowded. Please note that it is 25 meters. Even though a lane might belong to your team you can't do sprints until the designated times. The diving well will be closed other than for warm up or Sunday night when they have to break down the scoreboard pool. The scoreboard pool will be open for warm up and warm down throughout the meet.

We will try to offer time trials after prelims Saturday and Sunday and Sunday night if necessary. The pool deck may be chilly and drafty, especially on the far side so remind your kids to stay bundled up on deck.

Space on the bulkhead is limited so we will restrict the number of people allowed on it. Swimmers will enter the bulkhead from the spectator side of the pool and exit either into the warm down pool or on the other side.

Eight and under events will be seeded by the side of the bulkhead. All 8 & under events will start from the blocks. We will have pads at both ends so on the 25's they will finish with touch pads. The timers will go to the other end of the pool and we will march the kids out. The only events where 8's will not use the blocks are the 2nd and 4th swimmers on the 100 medley and freestyle relays. They will dive from the bulkhead.

Please make sure you clean your area at the end of each session and that your swimmers behave throughout the venue.

Coaches check in will be on deck. All seating is first come first serve. Swimmers cannot sit on any diving boards or platforms. The weather forecast is decent.

Coaches dinner Friday night - Green Turtle - five minutes away on Hempstead Turnpike. When you get there tell them you are there for the YMCA coaches dinner, show your deck pass and you will get a bracelet to wear.

Hospitality will be down the long hallway outside the double doors. All food must be consumed in room 119. No food is allowed on deck and you cannot walk through the building with it.

All competition will take place in the middle pool.

You can only use blue painters tape to hang any signs, banners. There is a wire the length of the pool opposite the spectator side that banners can be hung from.

We do have the potential for "B" relays in a few events. The list follows. They will cost \$24, will receive awards but not points and cannot move up higher in place than any "A" relays. I would like to have this finalized before the meet so if you are interested in "B" relays, you must reply by Thursday at 7PM to me as to which ones you would like to do. If there are more requests than spaces they will be drawn by lottery.

- #40 Boys open 400 medley relay - 7 spots
- #44 Boys 13-14 200 medley - 1 spot (swimming Saturday night)
- #46 Boys 15-19 200 medley - 4 spots (swimming Saturday night)
- #62 Boys 9-10 200 medley - 1 spot
- #63 8 & under girls 100 medley - 4 spots
- \$64 8 & under boys 100 medley - 5 spots
- #88 13-14 boys 200 free - 1 spot
- #90 15-19 boys 400 free - 4 spots
- #105 8 & under girls 100 free relay - 5 spots
- #106 8 & under boys - 100 free relay - 7 spots
- #108 - 9-10 boys 200 free relay - 2 spots

Richie

