
2019 Goodwill Invitational

MEET ANNOUNCEMENT

About the Invitational Meet

Date: January 20, 2019

Location: ECC Burt Flickinger Athletic Center

Entry Deadline: January 11, 2019

Hosted by: Independent Health, Ken-Ton and Lockport YMCAs

Meet Director: Robert Wolf – rwolf@ymcabn.org

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ABOUT THE INVITATIONAL MEET

This meet is a sanctioned, closed, inter-association YMCA Invitational meet. This meet and all participants will adhere to the Rules that Govern YMCA Competitive Sports and the Swimming Addendum to the Rules that Govern YMCA Competitive Sports. USA Swimming technical rules will be followed. The meet is YMCA sanctioned and approved by the Niagara LSC of USA Swimming.

YMCA Sanction number: CAQ-2018-NY11222522

USA-S/Niagara LSC Approval number: NI-1819-AP004

ADJUSTMENTS TO THE MEET ANNOUNCEMENTS: The Meet Committee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet or due to unforeseen issues of weather or facility problems. Changes will be communicated as far in advance as possible. None of the required elements for a YMCA Sanctioned Invitational meet and USA-S Approved meet can be changed.

MEET TIMELINE: Warm-up and start times for all sessions are subject to change depending on the size of the meet

Warm-up: 8:30 AM

Meet Start: 9:30 AM

Meet End: 3:00 PM

Warm-ups will be split between the two pools to coincide with the age limits of the pools. There will be a warm-up/cool-down pool available during the meet. The Meet Director reserves the right to adjust warm-up and start times after all entries are received and an accurate time line can be determined.

INCLEMENT WEATHER/CANCELATION: Weather and safety cancellations will be at the discretion of the Meet Referee.

LOCATION AND FACILITY

Location: ECC Burt Flickinger Athletic Center

21 Oak Street, Buffalo, NY 14203

Web: <http://www.ecc.edu/athletics/aquatics.asp>

Emergency Phone Number: 716-870-0391

The ECC Burt Flickinger Athletic Center is configured as a two eight lane pools, 25-yard courses. Water depth at start is 7 feet (minimum 5 feet required) and at turn end is 9 feet. Colorado Electronic Timing Systems with gutter mounted touchpads,



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horn starts and scoreboard readouts will be used. The competition course has been certified in accordance with 104.2.2C (4).

A 4 foot deep, 25-yard warm-up pool will be made available.

An elevated bleacher seating for 750 spectators.

There is generous deck space for 250 participants.

CONTACT INFORMATION

Meet Director: Robert Wolf (rwolf@ymcabn.org), 716-870-0391

Entry Chairperson: Robert Wolf (rwolf@ymcabn.org), 716-870-0391

Meet Referee: Rich Bleichfeld (bleichfeld@roadrunner.com), 716-491-8808

Administrative Official: Robert Wolf (rwolf@ymcabn.org), 716-870-0391

Officials Coordinator: Rich Bleichfeld (bleichfeld@roadrunner.com), 716-491-8808

ELIGIBILITY

ATHLETE

YMCA Membership: An athlete must be a YMCA member in good standing who holds an annual, full privilege membership at the YMCA he/she represents for a period of at least 30 days prior to the first day of the meet.

Amateur Status: An athlete may not have represented a college, university or other post-high school institution in any competition and may not have accepted pay or compensation for competing as a swimmer.

Unattached Athletes: There is no "unattached" status in YMCA Swimming.

Age: An athlete must be at least five (5) years of age, and not older than nineteen (19) years of age on the December 1, 2018.

Times: There are no time standards for this meet

Athletes with a Disability: Swimmers with a disability are welcome to enter this meet. The coach or team entry person must alert the meet director and the meet referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted. If modifications to USA Swimming rules are necessary, then the coach or athlete must notify the meet referee of any disability prior to competition.

COACH



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Required Certifications: Coaches must hold current certifications in the following courses in order to receive a deck credential: Professional Rescuer CPR, First Aid, Safety Training for Swim Coaches (a Lifeguard certification may be used if accompanied by completion of the Safety Training for Swim Coaches online content) and Principles of YMCA Competitive Swimming and Diving. A list of the acceptable certifications can be found in the Swimming Addendum to the Rules That Govern Competitive Sport.

Coach Registration: Each coach must have completed the annual YMCA on-line coach registration process. Coaches who are not registered and approved will not be permitted on deck.

Teams without a Coach at the Meet: All athletes and teams must have at least one certified and credentialed YMCA coach designated as being responsible for their supervision during competition. When a YMCA team will not have a coach present, that YMCA may authorize an eligible coach from another YMCA attending the meet to be responsible for their athletes at the meet. The Meet Director and Meet Referee must be notified of this situation.

TEAM

Team Registration: Each team must have completed the annual YMCA on-line team registration and paid the annual registration fee.

Insurance: Each team that participates in the meet must have a current and correct Certificate of Liability Insurance, in effect through the last day of the meet.

ENTRY INFORMATION

ENTRY LIMITS:

Deck entry events count toward the daily limitation on the number of events a swimmer can swim (rule reference 102.2.2 and 102.2.3).

- a. A swimmer may swim no more than 3 individual events per day in a prelims/finals meet and no more than 6 individual events per day in a timed final meet.

USA-S IDs: Only USA-S registered athletes should have an ID number in the Meet Entry File.

TIMES: No Times (NT) are allowed. Submit entry times in SCY. Entered times must be the swimmer's BEST time achieved.



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ENTRY FEES:

\$5.00 Deck Fee, \$5.00 per Individual Event
No fees for relay events.
No refunds for scratches.

ENTRY DEADLINE: All entries must be received by January 11, 2019. A surcharge of \$1 per swimmer will be added to teams not submitting via Team Manager, (export file).

ENTRY PROCEDURE: Entries must be submitted as a Meet/Team Manager file via e-mail to Robert Wolf (rwolf@ymcabn.org). A report from Meet Manager will be sent to you for confirmation of the import via email, within 48 hours of receipt of your entry export file.

PAYMENT: Please make checks payable to: YMCA or YMCA Buffalo Niagara and mail to the following:

Independent Health Family Branch YMCA
Attn: Ehrin Hughes, Aquatics Director
150 Tech Drive
Amherst, New York 14221

Team checks only please. (Exceptions by prior agreement)

VOLUNTEERS/OFFICIALS/TIMERS

OFFICIALS AND TIMERS: Officials will be coordinated and provided through Rich Bleichfeld.

SIGN-UP PROCEDURE: SignupGenius will be utilized for volunteers.

DECK CLEARANCE POLICY: Only registered coaches with current certs with Y-National will be allowed on deck. All other volunteers on deck shall be cleared by the Meet Director and host team volunteer coordinators.

CHECK-IN PROCEDURE

MEET CHECK-IN PROCEDURE: Team Coaches should check-in at the hospitality room. Signage will be on site to assist in directions.

COACHES MEETING/SCRATCH MEETING: Coaches meeting will be held at 9:00 am, any scratches simply notify the Administrative Official.

OFFICIALS AND TIMERS MEETING: Officials meeting will be held at 8:30 am. Timers meeting will be held at 9:15 am.



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MEET PROCEDURES AND OPERATIONS

RULES: The meet will run under YMCA Rules that Govern Competitive Sports, Swimming Addendum to the YMCA Rules that Govern Competitive Sports, 2018 USA-S Technical Rules.

MEET FORMAT: The meet will be swum using a timed finals format. Swimmer's age will be determined as of December 1, 2018.

EVENT SEEDING: Events will be seeded slowest to fastest. The Meet Referee/Administrative Official reserve the right to combine heats.

SCRATCH PROCEDURES: An athlete is considered entered into an event unless he/she scratches from that event. If an athlete does not scratch from an event and does not swim the event, that event still counts toward the athlete's total number of events for the meet.

DECLARED FALSE START: An athlete may also withdraw from a heat or swim-off by electing to take a declared false start. Such declaration must be made known to the Deck Referee before the heat or swim off is announced. A declared false start counts as an event swum for the athlete and will be counted in the maximum number of events allowed for each athlete.

NO SHOW: An athlete who is seeded in an event and fails to compete (i.e., a "no show") shall be considered as a Declared False Start.

WARM-UP SAFETY PROCEDURES: No team has exclusive rights to any pool lanes during warm up period, during or before the start of the meet. Teams will need to share lane space and work cooperatively in reflection of the YMCA values and sportsmanship.

During designated warm up sessions, athletes may only enter the competition pools from the starting end. Athletes are expected to use a three-point entry in which they sit on the side of the pool then slide into the pool gently, with one hand on the wall. The exception is during specific warm up periods when sprint lanes are designated for practicing racing starts.

Coaches are responsible for the safety of their athletes and are expected to monitor them at all times during warm up sessions.

STARTS: 'Fly-over' starts will be used at this meet. All swimmers (except for Backstroke starts) should remain in the water at the completion of their race until the next heat has begun.



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SWIMS (USA-S): This meet has been approved by USA Swimming. Therefore, all individual times will be automatically submitted for entry into SWIMS as long as USA-S ID numbers have been included with your entry.

RESULTS: Any results displayed on the scoreboard are unofficial until final results are published. Results will be posted on the deck and in the spectator area.

PROTEST PROCEDURE: Protests may only be initiated by a person with standing, that is, a coach or YMCA supervisor whose team is competing in the meet.

Protests against the judgment decisions of starters, stroke, turn, place and relay take-off judges can only be considered by the Referee and the Referee's decisions will be final USA-S Rule 102.23).

CONDUCT AND RESTRICTIONS: The Meet Referee reserves the right to dismiss any swimmer, coach and/or spectator from the competition due to inappropriate conduct

- Deck access is limited to only registered and approved coaches, swimmers, and working officials.
- Deck changes are prohibited.
- Glass will not be permitted on deck.
- The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photographs are not allowed to be taken behind the block during competition.
- Massage tables are not permitted.
- Individuals are responsible for the security of their personal belongings and are encouraged not to bring valuables to the meet venue and not to leave items unattended.
- Swimmers are not permitted in the spectator stands [If appropriate]
- Shaving is not permitted in any areas of the facility.
- Swimming under the bulkhead is prohibited, and will result in expulsion from the meet.

AWARDS AND RECOGNITION

AWARDS:

Individual Events: 1st-8th place

Relays: 1st-8th place

High Point: 1st-3rd place



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SPECTATORS

ADMISSION FEE: \$5.00, children under the age of 13 free.

PROGRAMS: \$5.00

CONCESSION STAND: Will be available by ECC.

ATHLETE APPAREL: Apparel will be available for purchase on site.

SEAT SAVING POLICY: There is no seat saving.

HANDICAP SEATING: Handicap seating is available at the venue.

CONDUCT AND RESTRICTIONS:

- No Flash Photography at the start of competition races.
- No personal chairs are allowed in the spectator area.
- Parents are responsible for the conduct of their children. Children are not allowed to roam the facility unattended.
- The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Spectators are not permitted on deck.
- No smoking, drugs, or alcohol are permitted in the swimming complex.

LIABILITY, SAFETY AND EMERGENCY PROCEDURES

INSURANCE: Each Association participating in this meet must have insurance coverage for representative(s) including leadership and participants who will be in attendance for the period of the meet. Appendix 2 must be signed by each association participating in the meet.

LIABILITY LIMITS:

- In granting of the USA-S/Niagara LSC approval, it is understood and agreed that USA Swimming and Niagara LSC shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.
- In granting the YMCA Sanctioning, it is understood and agreed that YMCA of the USA shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.



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EMERGENCIES: The facility personnel will handle all emergencies at the meet. These individuals will provide CPR and first aid as needed and will ensure that individuals with serious injuries are transported immediately to the nearest hospital for further treatment. Defibrillators will be on site.

Any coach, athlete or official who recognizes an emergency situation should immediately inform the facility's personnel and then make sure the vicinity of the emergency is clear for the emergency personnel to do their job.

UNACCOMPANIED ATHLETE: Each athlete must have a certified coach responsible for him/her while on the pool deck. The coach of the athlete must authorize in writing a coach from another team to represent their team and be responsible for the swimmer(s).

CONCUSSION AWARENESS: This meet will follow the YMCA of USA Concussion procedure. Anyone who observes or has knowledge of a potential head injury should immediately notify lifeguards and/or hired medical personnel. Once the injury report is completed, the lifeguard and/or hired medical personnel will notify the Event Staff, the athlete's coaching staff, and the Meet Director.

If a head injury occurs, the action plan below will be followed:

1. Athlete is removed immediately from participation by the Meet Director
2. Athlete must be evaluated by a licensed health care professional experienced in identifying and treating concussions. In addition, the athlete must be in compliance with the laws that are in effect within the jurisdiction where the meet is held.
3. The coaching staff will inform the athlete's parents or guardians about the possible concussion and give or send them the fact sheet on concussion.
4. The athlete will not be allowed back to warm-up or compete until a health care professional, experienced in evaluating concussions determines that the athlete is symptom-free and is OK to return to participation.

LIGHTNING POLICY: The National Lightning Safety Institute, National Athletic Trainers Association, American College of Emergency Physicians, USA Swimming, and YMCA of the USA all recommend or require closing an indoor pool during an electrical storm. This policy will be followed at the meet.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited.

EVACUATION PROCEDURE: Follow procedures established by Erie Community College.



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APPENDIX 1: ORDER OF EVENTS

East Pool - 13 & Over

Day of Meet: 1 Starts at 09:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Finals	1	Girls 200 Medley Relay
Finals	2	Boys 200 Medley Relay
Finals	3	Girls 13-14 100 Freestyle
Finals	4	Boys 13-14 100 Freestyle
Finals	5	Girls 15-19 100 Freestyle
Finals	6	Boys 15-19 100 Freestyle
Finals	7	Girls 200 Butterfly
Finals	8	Boys 200 Butterfly
Finals	9	Girls 200 Breaststroke
Finals	10	Boys 200 Breaststroke
Finals	11	Girls 200 Freestyle Relay
Finals	12	Boys 200 Freestyle Relay
Finals	13	Girls 13-14 50 Backstroke
Finals	14	Boys 13-14 50 Backstroke
Finals	15	Girls 15-19 50 Backstroke
Finals	16	Boys 15-19 50 Backstroke
Finals	17	Girls 500 Freestyle
Finals	18	Boys 500 Freestyle
Finals	19	Girls 13-14 100 Butterfly
Finals	20	Boys 13-14 100 Butterfly
Finals	21	Girls 15-19 100 Butterfly
Finals	22	Boys 15-19 100 Butterfly
Finals	23	Girls 200 Backstroke
Finals	24	Boys 200 Backstroke
Finals	25	Girls 13-14 50 Breaststroke
Finals	26	Boys 13-14 50 Breaststroke
Finals	27	Girls 15-19 50 Breaststroke
Finals	28	Boys 15-19 50 Breaststroke
Finals	29	Girls 13-14 200 IM
Finals	30	Boys 13-14 200 IM
Finals	31	Girls 15-19 200 IM
Finals	32	Boys 15-19 200 IM
Finals	33	Girls 13-14 50 Freestyle
Finals	34	Boys 13-14 50 Freestyle
Finals	35	Girls 15-19 50 Freestyle
Finals	36	Boys 15-19 50 Freestyle
Finals	37	Girls 13-14 100 Backstroke
Finals	38	Boys 13-14 100 Backstroke



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Finals	39	Girls 15-19 100 Backstroke
Finals	40	Boys 15-19 100 Backstroke
Finals	41	Girls 200 Freestyle
Finals	42	Boys 200 Freestyle
Finals	43	Girls 13-14 50 Butterfly
Finals	44	Boys 13-14 50 Butterfly
Finals	45	Girls 15-19 50 Butterfly
Finals	46	Boys 15-19 50 Butterfly
Finals	47	Girls 13-14 100 Breaststroke
Finals	48	Boys 13-14 100 Breaststroke
Finals	49	Girls 15-19 100 Breaststroke
Finals	50	Boys 15-19 100 Breaststroke
Finals	51	Girls 400 Freestyle Relay
Finals	52	Boys 400 Freestyle Relay
Finals	53	Girls 1000 Freestyle
Finals	54	Boys 1000 Freestyle

West Pool - 12 & Under

Day of Meet: 1 Starts at 09:30 AM Heat Interval: 30 Seconds / Back +15 Seconds

Finals	55	Girls 8 & Under 100 Freestyle
Finals	56	Boys 8 & Under 100 Freestyle
Finals	57	Girls 9-10 200 Freestyle
Finals	58	Boys 9-10 200 Freestyle
Finals	59	Girls 11-12 200 Freestyle
Finals	60	Boys 11-12 200 Freestyle
Finals	61	Girls 8 & Under 100 Medley Relay
Finals	62	Boys 8 & Under 100 Medley Relay
Finals	63	Girls 9-12 200 Medley Relay
Finals	64	Boys 9-12 200 Medley Relay
Finals	65	Girls 8 & Under 100 IM
Finals	66	Boys 8 & Under 100 IM
Finals	67	Girls 9-10 100 IM
Finals	68	Boys 9-10 100 IM
Finals	69	Girls 11-12 200 IM
Finals	70	Boys 11-12 200 IM
Finals	71	Girls 8 & Under 25 Freestyle
Finals	72	Boys 8 & Under 25 Freestyle
Finals	73	Girls 9-10 50 Freestyle
Finals	74	Boys 9-10 50 Freestyle
Finals	75	Girls 11-12 50 Freestyle
Finals	76	Boys 11-12 50 Freestyle
Finals	77	Girls 8 & Under 25 Butterfly



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Finals	78	Boys 8 & Under 25 Butterfly
Finals	79	Girls 9-10 50 Butterfly
Finals	80	Boys 9-10 50 Butterfly
Finals	81	Girls 11-12 50 Butterfly
Finals	82	Boys 11-12 50 Butterfly
Finals	83	Girls 8 & Under 50 Freestyle
Finals	84	Boys 8 & Under 50 Freestyle
Finals	85	Girls 9-10 100 Freestyle
Finals	86	Boys 9-10 100 Freestyle
Finals	87	Girls 11-12 100 Freestyle
Finals	88	Boys 11-12 100 Freestyle
Finals	89	Girls 8 & Under 25 Backstroke
Finals	90	Boys 8 & Under 25 Backstroke
Finals	91	Girls 9-10 50 Backstroke
Finals	92	Boys 9-10 50 Backstroke
Finals	93	Girls 11-12 50 Backstroke
Finals	94	Boys 11-12 50 Backstroke
Finals	95	Girls 8 & Under 25 Breaststroke
Finals	96	Boys 8 & Under 25 Breaststroke
Finals	97	Girls 9-10 50 Breaststroke
Finals	98	Boys 9-10 50 Breaststroke
Finals	99	Girls 11-12 50 Breaststroke
Finals	100	Boys 11-12 50 Breaststroke
Finals	101	Girls 8 & Under 100 Freestyle Relay
Finals	102	Boys 8 & Under 100 Freestyle Relay
Finals	103	Girls 9-12 200 Freestyle Relay
Finals	104	Boys 9-12 200 Freestyle Relay



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APPENDIX 2: YMCA SANCTIONED MEET DECLARATION FORM

(Note: Return signed Declaration form to the meet director)

Participating YMCA: _____

YMCA Address: _____

Meet Name: 2019 Goodwill Invitational

Meet Date(s): January 20, 2019

Meet Host: Independent Health, Ken-Ton and Lockport YMCAs

Meet Location: ECC Burt Flickinger Athletic Center

We the undersigned attest to the following:

SWIMMERS - All swimmers representing the YMCA above are full privilege members of the YMCA and meet the eligibility requirements.

COACHES - All coaches representing the YMCA above hold current certifications in CPR, First Aid, Coaches Safety Training and Principles of YMCA Competitive Swimming and Diving.

INSURANCE - Our Association now has insurance coverage for representative(s) including leadership and participants who will be in attendance at the 2019 Goodwill Invitational for the period of the meet. I hereby certify that YMCA has a minimum of \$1,000,000/\$2,000,000 in liability insurance that covers our coaches and swimmers during their participation in the 2019 Goodwill Invitational.

RELEASE - In consideration of your accepting this entry, I hereby, for myself, heirs, executor and administrators, waive and release any and all right and claim for damages I may have against the YMCA of the USA, YMCA Buffalo Niagara Association, and Lockport YMCA; its Parents' Committee and Board of Directors, the YMCAs, and "Goodwill Invitational" Swim Meet, Meet Committee, Meet Director, their agents, representatives or assigns, and the ECC Burt Flickinger Athletic Center for any and all injuries which may be suffered by participants at the 2019 Goodwill Invitational. Furthermore, we understand that the YMCA of the USA, YMCA Buffalo Niagara Association, and Lockport YMCA are not responsible for any intended or unintended consequences related to removing an athlete from competition for a head injury. This includes, but is not limited to, any financial reimbursement associated with such removal.

Name and Signature of Head Coach

Name and Signature of YMCA Executive Director or Designee



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This is the last page of the Meet Announcement